



# October 2017

monday	tuesday	wednesday	thursday	friday
2 Tater Tot Hotdish Bread stick Raw baby carrots Apples (small whole) Milk	3 Teriyaki Chicken with stir-fry vegetables Rice Fruit yogurt Diced peaches & Milk	4 Ham Slice Scalloped potatoes Cooked corn Mandarin oranges Milk	5 Hot-Diggity Hot Dogs! Baked beans Steamed broccoli Diced pears Milk	6 Attack the Mac-&- cheese ! Green beans Lettuce salad Sliced apples & Milk
9 <b>Cold Lunch Day</b>	10 Hot dish Italiano! (noodles, meat, Italian tomato sauce) Garlic toast Cucumbers and carrots Diced peaches Milk	11 Chicken Nuggets, with dipping sauces French fries Steamed cauliflower with cheese sauce Diced pears Milk	12 Barbequed Pulled Pork with bun Sun chips Black beans-and-corn Applesauce Milk	13 It's Brunch-4-Lunch! Egg-and-cheese Casserole Apple granola breakfast square Cooked corn Banana Milk
16 Beef Ravioli (with pasta sauce) Lettuce salad Breadstick Mandarin oranges Milk	17 Chicken-Vegetable Casserole (with cheese topping) Buttered noodles Green beans Strawberries	18 <b>Cold Lunch Day</b>	19 <b>MEA—No School</b>	20 <b>MEA—No School</b>
23 Taco-Time! (tortilla with seasoned beef, shredded cheese, fixings) Cooked carrots Diced pears Milk	24 Turkey Slice Stuffing Steamed broccoli Sliced cinnamon apples Milk	25 <b>Birthday lunch!</b> Sloppy joes Potato wedges Lettuce salad Diced peaches Milk & Birthday cake	26 Buttermilk-Coated Chicken patty, with bun Sweet-potato wedges Veggie sticks Mandarin oranges Milk	27 French Toast Sticks Fruit yogurt Green beans Banana Milk
30 Pork Roast, Gravy Dinner roll Cooked corn Applesauce Milk	31 Halloweeny-spooooghetti (pasta with meat sauce) Garlic bread Green beans Apple-halves (with caramel sauce) Milk			